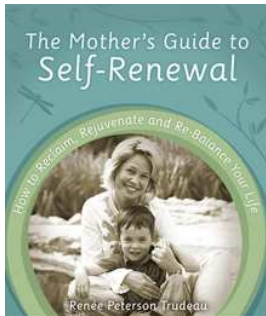


# Join us for a Personal Renewal Group Facilitators' Training Retreat Weekend

September 21-23 at The Crossings, Austin



Be part of a special, unique group of Renée Trudeau & Associates Trained Personal Renewal Group Facilitators at the exclusive Facilitators' Training Retreat Weekend in Austin, TX. During this very special, intimate retreat at the beautiful Crossings Retreat and Wellness Center, you will have the time and space to reflect on your own life/career and be trained by career/life coach & author, Renée Trudeau and her team to lead your own Personal Renewal Groups. Join us and support women in your community in defining, creating and living the life they desire and deserve!

## The Facilitators' Training Retreat Weekend Package includes:

- ~ Empowering, specific training to support you in launching/promoting and facilitating Personal Renewal Groups
- ~ A membership to the online RTA Facilitator's Lounge (a \$399 value) and special recognition as an RTA-Trained PRG Facilitator
- ~ A subscription to the Career Strategists' online Career Resource Center (a \$299 value) to support you in personal career planning and starting/managing your new business!
- ~ A complimentary 30-minute life balance phone coaching session with Career Strategists life/career coach and RTA-Trained PRG Facilitator, Angela Estes, to support you in moving forward post-retreat (value \$150)
- ~ Personal growth exercises and heart-felt dialogue in a reflective and nurturing setting
- ~ Special presentations and insight sharing from favorite guest speakers
- ~ Private room lodging at the gorgeous Crossings Retreat Center (includes a shared hall bathroom)
- ~ Healthy, delicious buffet meals from 5:00PM Friday through noon Sunday in the Cypress Dining Hall overlooking Lake Travis, and unlimited snacks/beverages and other self-care treats
- ~ Complete access to Crossings amenities, including: spa robes, slippers, lockers, steam room, sauna, pool, hot tub, cold plunge, hiking trails, daily wellness classes, labyrinth, sanctuary & reading library ([www.thecrossingsaustin.com](http://www.thecrossingsaustin.com))
- ~ The option to purchase spa services at the Wellness Spa; free parking



## Register Now ~ Space is very limited

\$995 (\$895 by August 20<sup>th</sup>)—includes training, lodging and meals

Please send a deposit check for \$350 to Renee Trudeau at  
2508 Campfield Pkwy, Austin, TX, 78745 by July 30<sup>th</sup> to secure your spot.  
Contact Christy McDonald [christy@reneetrudeau.com](mailto:christy@reneetrudeau.com) to register or call 512-297-9587.

